



SwissHerbs.Org
Excursion & Workshop



Title:

Vosa Medicinal Plant Excursion & Workshop 2024

Time:

29-30 June 2024

Address:

- Vosa di dentro 1, 6654 Cavigliano, Ticino, Schweiz
- Web: vosadidentro.ch

Program:

2024 June 29

15:45 **Group A** arrive Intragna Bahnhof

16:00- 18:00, Herbal medicine hiking & excursion

- Starting point: Intragna Bahnhof
- Destination: Vosa
- Guide Tour by Franz J. Steiner and Zhimin Wang

18:00- 18:30, Arrive & Tea, Preparing Guest Rooms

18:30- 20:00, Dinner

20:00- Rest

Program:

2024 June 30

8:00 **Group B** arrive at Intragna Bahnhof

8:00- 10:00, Herbal medicine hiking & excursion.

- Hiking Excursion starting point: Intragna Bahnhof
- Destination: Vosa
- Guide Tour by Qiyan Wang-Müller and Armin Müller

10:30-11:30, **Group A** and **Group B**, Welcome by Vosa team with Teatime

11:30-13:00, Workshop

- The historical and cultural heritage, and efficacy of Chinese Polygonatum
Speaker: Professor Wang Jianhua; Liu Jingjun, Tai'an Taishan Institute of Traditional Chinese Medicine
- 20 traditional alpine herbs in Vosa Community on Ticino Alps, Switzerland
Speaker: Franz J. Steiner; Zhimin Wang; Qiyan Wang-Müller, SwissHerbs.Org

13:00-14:30 Lunch & Teatime & Free discussion

14:30-16:00, Herbs Guide Tour in Vosa by Franz J. Steiner, SwissHerbs.Org

16:00-17:00, Leave Vosa hiking back to Intragna Bahnhof

